- WAC 36-14-200 Duration of rounds. All professional and amateur events or exhibitions shall meet the following requirements. This includes amateur mixed martial arts sanctioning organizations and training facilities:
- (1) A nonchampionship bout shall not exceed three rounds in duration.
 - (2) A championship bout shall not exceed five rounds in duration.
- (3) A round shall not exceed five minutes in duration for professionals and three minutes for amateurs.
 - (4) There shall be a one minute rest period between rounds.

[Statutory Authority: RCW 43.24.023, 43.24.086, 67.08.015, 67.08.017, 67.08.105, 67.08.107, and 2012 c 99. WSR 12-24-045, § 36-14-200, filed 11/30/12, effective 1/1/13. Statutory Authority: RCW 67.08.017 and 43.24.023. WSR 04-16-045, § 36-14-200, filed 7/28/04, effective 8/28/04.]